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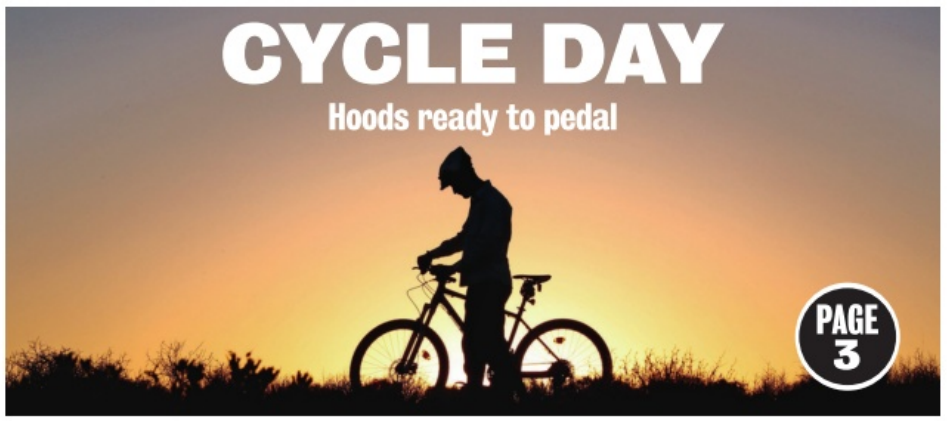

Tree planting alone may not mitigate fallout of climate crisis across ecosystems; definitely not near termite mounds

THE TERMINATOR

BU campus has 651 mounds of 5 termite species in 7.91 acres

| Garima Prasher
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TWEETS @BangaloreMIRROR

Researchers at the department of environmental science of Bangalore University have identified 651 termite mounds on the Jnana Bharathi campus.

As per the findings, the termite mounds cover 7.91 acres of the campus out of the total 1,100 acres. The mounds have been built by five types of termite species.

Experts told BM that termites play an important role in a grassland ecosystem. They recycle and store nutrients, act as groundwater recharge stations, provide shelter to wildlife and help in herb regeneration.

"We conducted this study to assess the density and distribution of termite mounds on the campus. We also wanted to analyse the natural and anthropogenic threats that the mounds face. The campus has as many as 651 termite mounds, of which 512 are cathedral and 139 are lenticular. Our study showed the natural habitat had more mound density," said researcher Vinutha Patil.

CONTINUED ON PAGE 9 »

"In a grassland or savanna, these mounds are considered as groundwater recharge points

— Dr BC Nagaraja, HoD, environmental science, BU

'Bring regulations to check fake therapy'

HC points to phenomenon of social media influencers offering therapy without having required qualifications

| Melvin Mathew
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TWEETS @BangaloreMIRROR

A case recently heard in the Karnataka High Court put the spot-light on 'pseudo-therapists', many of whom are influencers on social media. Cautioning that a large number of people wanting to get therapy are falling into the trap of pseudo-therapists, the HC contended that the government should come up with regulatory measures to check this menace.

The situation seems to have become amplified during the new stressful conditions caused by the pandemic. With more people looking for therapy, there was a spurt in social media influencers claiming to be therapists and offering services.

The situation was brought to light in the court when a woman filed a petition to quash a cheating case against her filed by a man. The high court refused to quash the criminal proceeding against the petitioner stating that "the wellness therapy has generated such illness as is complained of by the complainant".

The man and woman had met on a dating website. On a night the complainant had expressed stress from work, the woman,

CONTINUED ON PAGE 4 »

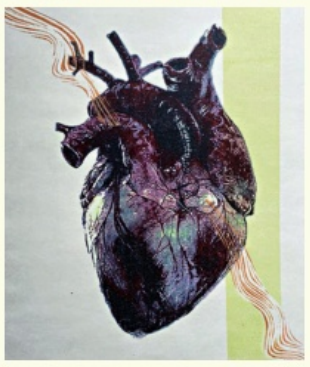
10 **Snack it, the healthy way**
These dishes are easy to make and can be paired with almost any cuisine and are the perfect guilt-free way to indulge yourself

3 THINGS TO DO

01 Tune in!

Catch Stalwarts of Music, a special talk show featuring some of the best musicians from around the world. Host Aditya Veera will be in conversation with Julian Lage who is a multi-Grammy-nominated composer/music educator and guitarist. The idea behind this series is to help people pick up life skills, learn about spiritual techniques that these people embody, anecdotal excerpts that musicians would be curious to know, and learn. **Where: Instagram (@adix70) When: Oct 9, 6:30 pm**

02 White noise



A first-of-its-kind initiative and platform, White Noise by Svasa aims to showcase how art can be displayed and enjoyed in a post-pandemic world, by bringing together various multidisciplinary artists and a discerning audience. White Noise refers to a phenomenon that often helps you calm down and organise your thoughts; with a peaceful after effect - similar to the feeling you get while observing art. **Where: Svasa, Bull Temple Road; When: Oct 16, 17, 12pm – 7pm Info: 9886658018**

03 Mahanagar ke Jugnu

Catch a wonderful soul-stirring play at Jagriti Theatre called Mahanagar ke Jugnu. On a lonely night, an insomniac Jugnu sits by himself complaining about his lack of ideas. As he tries to put pen to paper, his wild thoughts begin to creep in. A devastated dream (Sapna) and his pragmatic existence (Zoya) decide to confront him. Mahanagar ke Jugnu is a foot-tapping musical comedy that will make you laugh out loud at all of life's beautiful ironies. **Where: Jagriti Theatre, Whitefield; When: Oct 9, 3:30pm, 7:30pm Tickets: bookmyshow.com**

Public exam for kids? Jury remains divided

Department of School Education and Literacy proposes move for Grades 5 and 8 to check quality of teaching and learning in post-covid education

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The bridge courses aim to make up for the learning loss of the past two years

With the Department of School Education and Literacy mulling to conduct quality assessment tests for Grades 5 and 8 this academic year, educationists are divided over the move and a final decision will be taken on October 12.

Educationists are divided over the issue. School Education Minister BC Nagesh vouched for the move, saying, "We have observed that certain teachers are not teaching properly. So, by testing students, we will get a clear picture on the quality of teaching in our schools."

However, former MLC Ramesh Babu alleged that the education department has been issuing controversial orders for the last one year. "The State Government has failed to provide school uniforms on time, differences in announcing school academic calendar, increase in the admission age for the first-grade students and so on. More than 1.05 crore students are studying in these classes and I wonder how can they conduct public exams without any prior preparation and intimation."

Karnataka Associated Managements of English Medium Schools (KAMS) general secretary D Shashi Kumar also welcomed the move. "These kinds of tests will definitely enhance the quality and accountability of learning outcomes. However, instead of using the word public, the education department should promote this test as assessment-based evaluation. The assessment tests should be conducted at respective schools instead of making it a state-level exam so that the fear psychosis of exams is reduced among students."

> **"Tests should be conducted in schools to reduce fear psychosis among students**
> – D Shashi Kumar, KAMS

Bridge courses

Meanwhile, two years of online classes are now pushing many students to go for bridge classes. Students who failed to pick up lessons in classes are made to sit for an extra hour or so.

A private school principal said, "We have noticed that in the last two years, many students have lost the exposure of classroom learning. So, we are conducting bridge classes which will be beneficial to students." The school teachers say that they are getting requests from parents as well to conduct bridge classes.

Deepthi S, a parent, said that during online teaching, tests were also done via mobile phones mostly and somehow, they managed to submit the test. However, their real skills are being tested now when they have to write the tests. "My children need these classes and thankfully, these classes are free."

A schoolteacher, Netravati Gowda, explained that most of the kids who joined online classes two years ago in the first grade now find it difficult to understand the concepts in third grade. "First, we identify the academically weak child and then discuss it with the school coordinator. Based on consensus, we are discussing the issue with the parents and based on their approval, we conduct these bridge classes."

PU colleges are also conducting bridge courses, a sort of bridge classes.

A PU College principal said, "Many students take the first year PU lightly. However, when they come to II PU, they realise that the concepts which they failed to learn in first year was delaying their learning in the second year."

CRIME FILES

5 cops suspended

Five cops have been suspended for allegedly extorting money from a youth during a raid related to a cricket betting scam.

DCP Central R Srinivas Gowda said, "We have suspended five members including three constables and two police sub-inspectors. A detailed departmental inquiry has been ordered."

Sources said that during the raid, the cops allegedly took Rs 80,000 from a youth who had later complained to the DCP. **– BMB**

Techie arrested for hoax call

A techie has been arrested for making a fake bomb call to Vidhana Soudha police station. DCP Central R Srinivas Gowda said, "There was a hoax call to the Chief Secretary's office thrice on Friday saying that a bomb has been planted in Vidhan Soudha. With the efforts of Vidhana Soudha police station and Electronics City, we nabbed the accused late at night. He is a 41-year-old software engineer and a resident of Hebbagodi."

Teen allegedly gang-raped

A 17-year-old girl was allegedly gang-raped in Bengaluru by a group of boys who she knew, Byatarayanapura police said on Saturday. The parents of the victim lodged a complaint with the Byatarayanapura police station and a case filed under POCSO Act. Cops launched a manhunt for the accused, few of whom have been taken into custody. The accused also allegedly took private photographs of the victim. **– IANS**

Doctor in trouble

Chandra Layout police have lodged an FIR against a doctor for misbehaving with a 19-year-old student who visited his clinic.

The police said on Saturday that a complaint was filed against Dr Udedulla, who runs a clinic in Arundhati Nagar. The girl claimed that the accused sexually harassed her and threatened, the police said. When her family was about to take her to the same clinic, she confessed. The police have launched a manhunt to nab the accused. **– IANS**

GET, SET, IT'S CYCLE DAY!

After two years, Cycle Day will be resumed in various hoods of Bengaluru

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@timesgroup.com
TWEETS @BangaloreMIRROR

On Cycle Day, various roads are cordoned off to make way for pedestrians and cyclists (file image)

The very popular Cycle Day is all set to make a comeback in Bengaluru after two years courtesy the efforts of several citizen groups, activists, and cyclist associations.

On Cycle Day, roads are blocked for motorised vehicles to create a safe space for cyclists to promote the use of non-motorised vehicles and build a community.

Such events have been popular in Bengaluru for more than six to seven years; however, they had to be halted due to the pandemic in 2020. Now after two years, many localities are working on bringing this tradition back.

Satya Shankaran, bicycle mayor of the city, said that Cycle Day is one of the largest open-field events in the country. "There have been more than 500 cycle days so far in the city and more than 50 community partners have participated in these cycle days. During the covid-19 pandemic, it had to be stopped, but now we are restarting it."

In some areas of the city, like Jayaprakash Nagar, cycle day events have already started while other localities are waiting for a green flag from the Directorate of Urban Land Transport (DULT).

Shankaran told Bangalore Mirror that Tumakuru will soon be the first locality outside the city limits to have a cycle day event.

Citizen groups and activists have played a major role in bringing back cycle days in the city.

In HSR Layout, the citizens have been in constant touch with the DULT in order to bring cycle days back to their area.

Suresh V, a member of the HSR Rotary Club, told Bangalore Mirror that in their neighbourhood, cycle days are scheduled to be held on October 30, November 27, and December 18.

"We are in touch with DULT and will get their approval in two or three days. We are planning to start a five-kilometre-long cycling track from HSR 19 Phase, 7 Cross leading to Parangipallya to the BDA complex signal. The service road will be blocked on the designated days from 6 am till 10 am," he informed.

> **"Such events will help solve the traffic problem and reduce environmental pollution as well in Bengaluru**
>
> –Suresh V, member of HSR Rotary Club

The citizens said that HSR Layout has bad traffic congestion, due to which, such activities have become a necessity.

"Areas like 27th Main Road and 19th Main Road in HSR are the worst affected by traffic every day. We are hoping such events will encourage the use of non-motor vehicles and public transport as much as possible. This will solve the traffic problems as well as the environmental issues in the city," Suresh added.

HSR Layout had its last cycle day in 2019, like many other localities in the city.

Now with the help of the rotary club, the HSR cyclist's association, and sustainable mobility activists, the people are all prepared to welcome the community event again by the end of this month.

Out-of-order park? Not BBMP's headache

Locals say the Palike has not bothered to improve state of this park in HSR Layout for years

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While parks are used by a large number of people in the city, either for their morning and evening walks, or for children to spend leisure time, many of them lack maintenance. One such ill-maintained park is located at Sector 7 of HSR Layout.

Residents have complained that the park, situated at the 4th main road, has no proper walkway, seating facilities, lighting, or fencing.

During September, when it rained continuously in Bengaluru, causing floods in many areas, the park was left inundated as well since it was situated in a low-lying area. There is no rain water harvesting system carried out there either.

Ravi Ganesh, a resident of the area since 2002, said that the state of the park has always been like this.

"The park has been utterly neglected for the past 15 years and there is no upkeep. It is surrounded by 50-60 houses, and residents use it in the mornings as well as the evenings, regularly. However, given its present condition, people have to think twice.

There are many mosquitoes, and fumigation is not carried out on a regular basis. It has been gradually turning into a mosquito breeding ground as a result of responsible departments not keeping the unsanitary conditions in check," he told Bangalore Mirror.

Residents have been complaining about the park since last year, but the Bruhat Bengaluru Mahanagara Palike (BBMP) officials have reportedly not been responsive. They had even sent a letter to the local MLA Satish Reddy, but received no response from him.

This is how the park in HSR Layout Sector was inundated after incessant rains in the city during the month of September, residents of the area say that the place is becoming a breeding ground for mosquitoes

"The park is utterly neglected. There are many mosquitoes, and fumigation is not carried out on a regular basis
– Ravi Ganesh, resident

Ravi said, "Earlier this year, some of the BBMP officials told me that the park's development will be carried out under the Chief Minister Amrut Nagorathana project. However, we don't see any work being taken up on ground. The park lies in a terrible state and is impacting the quality of life of residents here. "

When BM contacted the Chief Engineer, Bommanhalli zone, Shashikumar, he said, "I have contacted the BBMP project division Executive Engineer. The project for the park's development is in the tender stage. Since the park is in a low-lying area, during the rains, it was flooded. We will, however, look at the current scenario and take action regarding the same. "

MLA Satish Reddy was unreachable for comment.

Of 'pseudo-therapists' on social media

CONTINUED FROM PAGE 1

Sanjana Fernandes is said to have posed as a wellness therapist and said she has an Instagram page "Positivity-for-a-360-life". The woman is said to have conducted therapy sessions and asked the complainant to make payments on a 'class-to-class' basis.

Accordingly, the man transferred Rs 3.15 lakh in several installments. Things went awry when the man asked to meet the woman in person as all the therapy was being conducted virtually.

The man is said to have sent lewd messages to her and then was blocked by her. The man later discovered that the woman had 15 such profiles. He then filed a complaint against her for the offence of cheating and the offence under the Information Technology Act at North CEN Police Station.

After due investigation, the police filed a charge sheet. The woman moved the High Court to quash the case filed against her.

The counsel for the petitioner noted that the case was filed as the petitioner did not succumb to the lewd requests of the complainant but the counsel for the complainant noted that it was the woman who approached the man first. The court also said that a case filed against the man for sending lewd messages is still under adjudication.

The court also added that though the complainant had signed a consent form it does not allow the petitioner to escape the clutches of the law. The consent form depicts complementary and alternative therapies to include, including expressive art therapy, picture perception, journal/journey therapy, trauma-focused cognitive, behavioural therapy, neuropsychology, narrative therapy, and schema therapy among others. The court noted that the petitioner did not possess the required qualification and had created a website projecting the qualifications.

"It is in the public domain that there is a huge mushrooming of so-called therapies and therapists on social media i.e., Instagram, Twitter or Facebook as the case would be, wherein therapists pose themselves to be in the field of any therapy. It is also in the public domain that they are all pseudo-therapists who are "Instagram influencers," the court said in its order.

Justice M Nagaprasanna said in his order that the present case concerns psychosomatic therapy or wellness therapy. "Therapists of this kind are many in number on social media. In reality, they are not bound by any ethics or not regulated by any norms.

Cases of this nature have begun to emerge in large proportions where people wanting to get some therapy fall prey to such pseudo-therapists. Therefore, it is time that the Government comes up with some regulatory measures to check the growth of such therapists," he stated in the order.

He added that the petitioner would have to stand for trial to come clean in the offence alleged against her.

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Unattended cables

Iblur

There are cables lying around in Iblur, Bellandur service road, near Chai Point for months.

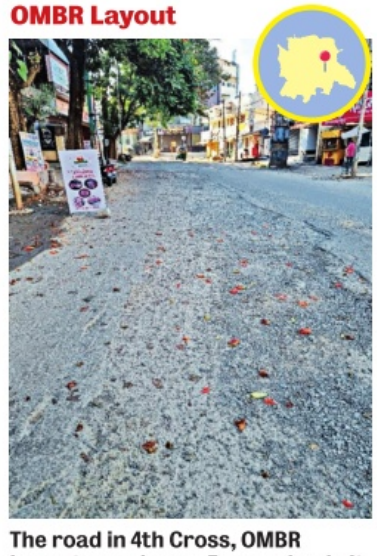
Blocked footpath

Rajajinagar

A ladder is blocking the footpath in 10th Main, Ram Mandir Road, 3rd Block, Rajajinagar.

Potholes aplenty

OMBR Layout



The road in 4th Cross, OMBR Layout was dug up 3 years back. It is full of potholes now and has not been fully asphalted.

Without speed breakers, need for speed on Cubbon Road

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Three years after a group of citizens formed the We Love Cubbon Park group to urge officials to make Cubbon Road safer by installing speed breakers on it, there is still no movement on the demand.

In 2015, the state government had decided to open Cubbon Road to vehicles to ease traffic congestion. The road, a key artery for people coming from Kasturba Road, Trinity Circle, Vittal Mallya Road, is used by many private vehicles and cabs and during early hours and in the evenings. Often, the vehicles are seen speeding, and pedestrians and pets are at risk of accidents.

To fix this issue without restricting movement of vehicles, in 2019, a set of citizens formed the We Love Cubbon Park group and met the authorities asking that speed breakers be installed on the road.

Members of the group met Bengaluru Central MP PC Mohan along with the Commissioner of Traffic Police, Ravikanthe Gowda and Cubbon Park traffic police and highlighted the issue. A survey was done by the traffic police, after which design and plan was made to submit it to the BBMP to install eight to 10 road humps.

Sunita Kumar from We Love Cubbon Park said, "In November and December 2020, there was a hit and run case, where dogs were hurt. A couple of years before that, a young woman was injured badly. There have been several incidents where cars and bikes have rammed into lamp posts or traffic islands. Two-plus years later, safety and security has been ignored."

A regular Cubbon Park walker, M Chandrashekar, who is a resident of

Langford Road, added that the gates are open from around 8 am and a large number of school buses use this route. The moment the gates open, vehicles are seen going at full speed. "At important locations, there is a need to have road humps that will control the speed. Many walkers find it difficult to cross the road too. It is impossible to ban vehicle movement in Cubbon Park but installing the road humps can protect people," he said.

Activists have also approached the Bengaluru Smart City Limited (BSCL) in charge of the Cubbon Park Smart City Project.

"They have been saying that they would install humps, but keep delaying it. We had also requested for installing signboards of 'go slow', 'speed limit', 'no honking'. Even now, the traffic islands at the Cubbon Park gates at Siddalingaiah Junction which had been knocked off by accidents are not fixed," added Kumar.

The citizens also complained that CCTVs were not working and as a result, no hit and run cases had been booked.

PC Mohan said, "I have insisted to the BSCL team to take up the work of adding road humps. They have said they will carry it out soon."

BSCL officials remained unavailable for a comment.

Extended, but not all Metro trains go the extra mile

Some trains on green line still terminated at Yelachenahalli instead of Silk Institute and on purple line at Mysore Road instead of Kengeri

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TWEETS @BangaloreMIRROR

More than a year after the Metro lines were extended, some metro trains on the green line still terminate at Yelachenahalli station instead of Silk Institute on a daily basis, and similarly on Mysore Road instead of Kengeri for the purple line.

Commuters have complained that this increases the wait time at some Metro stations. Sometimes the wait time is as much as 15 minutes on both lines.

"I travel till Konanakunte cross from Cubbon Park metro station regularly. Many times, the metro going from Baiyapanahalli to Silk Institute terminates at Yelachenahalli. For just one station, I have to change the metro and wait for another one. It is fine unless you are running late or in a hurry," said Bhavya S, a metro commuter.

"In the morning when I am going to college sometimes I have to wait for 12-14 minutes which is ridiculous. If I had to wait so much I would just take the bus instead. When I asked someone they said the wait time is longer at some specific hours as some metros do not come all the way till Silk Institute," she added.

The green line was extended from Yelachenahalli to Silk Institute, becoming operational in January 2021. Similarly, the extended purple line from Mysore road to Kengeri opened to the public in August 2021.

"We also have to take a lot of factors into consideration. When the lines were extended, we issued a press release that explained that some trains will go on till Kengeri while some will terminate at Mysore Road only

– BL Yashavanth Chavan, BMRCL Chief Public Relations Officer

Commuters complained that it was an inconvenience for them to change the metro twice, as some of them carry heavy luggage as well inside the metro.

"I have no idea what the explanation behind this is. It has been happening ever since the lines got extended. Not all trains go to the terminal stations. So many senior citizens, people with heavy luggage or people carrying strollers or small kids are there who face inconvenience because of this," another metro commuter told Bangalore Mirror.

BMRCL authorities say that the algorithm is decided on the basis of sustainability and commuter count on different stations.

"We also have to take a lot of factors into consideration. When the lines were extended, we issued a press release that explained that some trains will go on till Kengeri while some will terminate at Mysore Road only. There is no specific reason behind this but we analyse the commuter count and decide upon the operations," said BMRCL Chief Public Relations Officer BL Yashavanth Chavan.

The CPRO also added that if the train is terminating at Yelachenahalli or Mysore Road metro station, the commuters can choose to wait for the next train if they do not want to change trains again.

Cut red tape, HC raps officials over delay in case registration

Quashing a case pending before a special court, the Karnataka High Court has castigated the authorities for unnecessary delay in taking action that leads to the accused going scot-free.

A case was registered by the Drug Inspector-1 Bengaluru under the Drugs and Cosmetics Act, five years and seven months after it got a laboratory report that the 'Assay for Folic Acid' that was being sold was "Not of Standard Quality."

"In the case at hand, the crime itself is registered after 5 years and 7 months of receipt of report of the sample from the hands of the Laboratory. Therefore, such delay which generates statutory bar could not have been condoned on the specious plea of the prosecution awaiting unnecessary sanction or permission on a misreading of the statute," the high court said allowing the petition filed by the company and its two directors for quashing the case against them.

Ms Emcure Pharmaceuticals Ltd, its MD Satish Ramanlal Mehta and director Mahesh Nathalal Shah approached the high court with their petition.

On January 5, 2012 the Drugs Inspector had visited Tulasi Pharma and taken sample of a drug manufactured by Emcure. The sample was sent for tests to the Drugs Testing Laboratory in Bengaluru.

The report on January 27, 2012 stated the drug was "Not of Standard Quality." Notice and letters were addressed to the company which denied the allegation.

The Drugs Inspector sought permission from the Drugs Controller to file a case against the company. On December 8, 2017, the Drugs Controller gave the necessary permission. A case was registered on January 2, 2018. **PTI**

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BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

NUTS ABOUT NUTS!

During my terrace walk, I saw a movement in the Badam tree nearby. I was lucky to see this cute squirrel feasting away.

The picture was clicked by reader **Sridhar Comaravalli**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

Jayanagar has a stinky problem & no one cares

Overflowing garbage has become a health hazard: Residents

Shreyashi Mukherjee
c-shreyashi.m
@timesgroup.com

TWEETS @BangaloreMIRROR

Take a walk on 2nd Main Road, 8th block, Jayanagar, and chances are you will find it difficult to locate the footpath, which has been buried under piles of stinking, rotting garbage. Residents are worried about the health hazards and say authorities are completely immune.

They say that there will be an increase in breeding of mosquitoes and other insects. Manjunath K, a resident of the area, said, "There has been so much garbage piled on the road for a very long time. The place also stinks. We all have a lot of safety concerns because this garbage will attract a lot of flies and mosquitoes."

The pedestrians have to use the main road for walking. Sakshi S, another resident, said that it is very difficult to walk on the footpath and people are forced to use the main road for walking which is quite dangerous, especially during peak hours with cars zooming past."

During the rain, the issue becomes even worse as the garbage starts to become soggy, rots, and trickles down the road, adding to the mess everywhere.

Walk here if you can: 2nd Main Road, 8th Block, Jayanagar

Ajith Kumar, another local, said that steps should be taken to ensure that the garbage is cleared from the road and there is a proper system of garbage collection in the houses so that people do not dispose of their garbage anywhere."

Some of the residents also suggested that CCTV cameras should be installed at adequate points to supervise the area and whoever is caught littering on the streets should be given a heavy fine or a strict punishment.

Rajashree Gopal, another resident of the area, said, "Because there is so much garbage here, people who do not even stay in this locality drop their garbage here because they think that it is the dumping spot. Even people who are walking or in their vehicles will drop off their garbage in this area."

A BBMP official said that he would try to get the area cleaned and look into the garbage collection system in the area.

DID YOU KNOW?

Every true-blue dosa aficionado in Bengaluru will swear by CTR-Shri Sagar's legendary dosas that have passed the test of time and continue to boast of a steady flow of patrons. Started by YV Subramanyam and brothers (YV Srikanteshwaran, YV Krishna Iyer and YV Ramachandran) in the 1920s, the no-frills eatery tucked away in Malleswaram has remained mostly unchanged over the years. Such is its legacy that even the Maharaja of Mysore has visited this heritage joint. Aside from the regular dosas, one of the most popular items on their list has to be the benne masala dosa, which is served piping hot and served with a generous lashing of butter.

GET HEARD WITH MIRROR

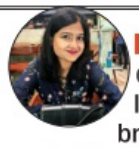
9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

What is the one thing you do to reduce your carbon footprint?



Rakshita Kumar
Quality Control Specialist
I am trying to consciously choose brands that promote slow and sustainable fashion as the fast fashion industry is one of the major contributors of global carbon emissions. While it can end up being heavier on my pocket, it is a good move for the environment.

Aditya Mundada, Techie
I travel by bus whenever I can instead of traveling by app cabs or private vehicles as I think it really reduces my carbon footprint and is also an eco-friendly and economical option for a commute.

Nikhil Sharma, BM Reader
To minimise my carbon footprint, I usually avoid using any vehicle for short distances and walk instead, and I use an electric vehicle instead of a fuel vehicle for longer distances.

Riya Jain, Student
I avoid using single-use cups for my coffee runs and carry my own cup most of the time. Same thing for carrying bags whenever I go grocery shopping, to reduce unnecessary waste. I also try to save electricity as much as I can, be it at my home or anywhere else.

Mohammed Irshad
Business owner
I try to use renewable products as much as possible and reduce the consumption of dairy and meat products. I am also trying to switch to eco-friendly appliances that reduce my energy usage.

SPEAK TO US

What is the one (or two) things you miss about lockdown life?

If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

THE SUNDAY READ

Plant-ing her feet in fashion world

In conversation with first generation entrepreneur Anjana Arjun about her venture that makes plant-based handbags using cactus and fruits such as apple

| R Prashanth Vidyasagar
mybangaloremirror@timesgroup.com
TWEETS @BangaloreMIRROR

Anjana Arjun's brand Sarjaa is aspiring to be as sustainable as it gets

There is a popular adage, 'If nothing is going your way, create your way'; 27 year old Anjana Arjun has done just that. Though growing up she was interested in sports and even captained the soccer team, she always fancied arts and fashion. She somehow knew that fashion was her calling. She pursued her Bachelors in fashion from Lasalle College Singapore and further went onto study fashion marketing at Parsons in New York. Part of her curriculum included her creating a business idea from scratch and pitching it to investors. This ignited the spark of entrepreneurship in her.

After returning to India she tried looking for an apt job in the fashion industry. Nothing seemed to be going well for her. That only further added fuel to the spark of entrepreneurship. This is when she decided to start something on her own. She wanted to make sustainable fashion more interesting as opposed to being limited to mostly materials comprising linens and jutes. In plant leather lay the solution she was seeking. This led to the birth of Sarjaa, a sustainable fashion company.

To begin with Arjun has created bags with pineapple, apple, and cactus leather. For those wondering how this is done, Cactus is dried and mixed with organic compounds to derive the material. Apple waste from juicing industries is being upcycled whereas pineapple leaves are weaved and sown into a usable material.

"I've always been into sustainability. I just wanted to not ever contribute to the fashion pollution side. Ever since I was in college I would do a lot of research on different kinds of sustainable materials that are being used in the world. Also my dad and I love animals. It's so much easier to connect with animals than connecting with people. So doing this came very naturally to me," says Arjun. While Arjun initially wanted to create apparel because of her love for dresses, she later realised that it's good to start off with something small when working with different materials and that is why she chose to start with bags.

Having researched for over two years with the team, building a sustainable brand was indeed a challenge. So what goes into making one of these bags that ranges from around Rs 24,000 to over 40,000? The bags are handmade in Hubballi, Karnataka. They use 70% post-consumer recycled nylon zips, recyclable aluminum, pure raw organic cotton, and very little organic dyes. "We do place ourselves as a plant and fruit-based company; we don't call ourselves vegan. We as a brand are trying to be extremely transparent, I would call ourselves only about 70 to 80% sustainable. No company can be 100% sustainable especially in the market gap that I'm trying to bridge. We're working towards having more materials that are highly sustainable," adds Arjun. Arjun also worked with a mehndi artist Nafla Suleiman to create a mural-like sketch that in a way represents India.

So what were the challenges she faced as an entrepreneur? Real-time money transactions and having to fill pages of documentation was indeed a mighty task. But with covid, having to work with designs virtually and having to send prototypes back and forth while keeping a clear mind throughout the pandemic was the biggest challenge. Coming from a family of actors, how did her folks react to her taking the entrepreneurship route? "It wasn't anything new to them; this was going to happen at some point of my life when I moved back to India so when I told them they were supportive. My mom was anxious, happy, thrilled, and nervous but I think we all just stayed calm and collected," says Arjun.

"I would call ourselves only about 70 to 80% sustainable. No company can be 100% sustainable especially in the market gap that I'm trying to bridge. We're working towards having more materials that are highly sustainable

– Anjana Arjun, entrepreneur

For those wondering what the double 'AA' in Sarjaa stands for, it's her name and Sarja is also the name of a tree which if grown and protected promotes a really long life. Arjun wants to further explore innovative high tech high sustainability and create apparels to home décor. She wants to represent India and take her brand global.

And just because this question must be asked, we ask — Would Arjun ever venture into the cinema industry? The answer is a no, at least for now. "I'm always rooting for my sister and my dad in the cinema industry. I'm very interested in the backend of the movie industry so maybe one day might try my hand in direction/ working as an assistant director or photography," signs off Arjun.

Citizens go to court against illegal building in their midst

| Bangalore Mirror Bureau
mybangaloremirror@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of 4th Main Road in Malleshwaram have now decided to take the legal route against the construction of an illegal building in the area. Locals say they have filed a writ petition in the Karnataka High Court after no action was taken by Bruhat Bengaluru Mahanagara Palike (BBMP) despite repeated complaints about the structure being built in violation of the sanctioned plan.

Residents allege that local authorities are hand in glove with the builder and no action has been taken by the officials even after the court order.

"The court had instructed the BBMP to visit the property and conduct an inspection. The order also specified that if the construction violates a sanctioned building plan or building by-law, the officials must take immediate steps to stop the illegal construction. However, despite the court order and subsequent complaints from the residents, BBMP has not stopped the construction activity," lamented a resident.

Bangalore Mirror
Palike passes the buck over illegal construction

BM had reported on Sept 7 about the illegal construction

Bangalore Mirror had earlier reported that while locals had raised multiple complaints and alerted the officials on the illegal construction in the past, no action was taken.

"We had exhausted all the options and thus had to take the legal route. We have been running from pillar to post for over six months and also reached out to the higher officials. I also visited the legal cell of BBMP after the court order. However, the assistant law officer of the division said he did not know about the court order. All this while, the illegal construction continues. The violation after the plan sanction was one floor and now it has become two floors," informed another resident.

Locals say the illegal construction is affecting all the neighbours as it has restricted air and light access to many.

"The illegal construction is interfering with the light and air access. If the civic body decides not to take concrete steps against such illegal constructions, the city will explode soon," said another area resident.

BM reached out to the BBMP official, who said, "I have done the inspection and I will now report to my legal cell about the findings. I was not aware of the High Court order as my legal cell has not updated me so far. Moreover, action against any illegal structure and unauthorised buildings have to be taken by the additional director of town planning. We have handed over the file to them."

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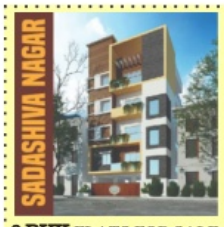

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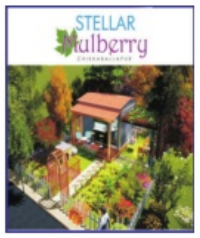

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CHANGE OF NAME

I, Sabu Thekkmuryil Varghese R/o 102, 1st Floor, Sri Sai Homes, 5C 601, 2nd Block, HRBR Layout, Kalyananagar, Bengaluru 560043, I have changed my minor daughter name from Sandra Varghese to Sandra Maria Varghese for all purposes vide affidavit Dt:08/10/2022 sworn before notary Uday Kumar. K

I, Sameer Balkrishna Jog Residing at B402, RMZ Galleria, Near Yelahanka Police Station, Bangalore-560064 have changed my minor daughter's name from ISHA JOG to ISHA SAMEER JOG vide affidavit dated: 06.10.2022 Sworn before notary: H.K.Gopalagowda, Bangalore

I, Anandu Kuduregere Basavaraju, R/a #79, Kudure gere Village, Kuduragere, Aluru, Bangalore North 562123. I have changed my name to Ananda Kuduregere Basavaraju. Vide affidavit dated 08-10-22 Sworn before notary B. Sheshagiri Bangalore

I, Mohamed Touseef Ahmed S/O, Mohammed Maqbool Ahmed R/o No 307/1 New No 307/12 16th Main Devarajurs Nagar B'lore-26 have changed my name to Mohammed Touseef Ahmed for all purposes.

I Nagendra Kumar S/o S.V. Subbaiah Flat no #48094, Sobha dream acers, Wing 48, Gate-2, Balagere Road , Varthur, , Bangalore - 560087. Have Changed My Name To Sakala Venkata Nagendra Kumar for all future purposes.

I, Divyani Mule D/o Gangaram Mule R/o Shri Royal Comfort PG Door No110B ,5th main Road , Vinayak Nagar,Yelahanka B'lore -560064 have changed my name to Divyani Gangaram Mule .

I, Mohammed Raizwan Baig S/O, Sardar Baig R/o No 127 2nd Cross Tippunagar Chamarajpet Bangalore-560018. have changed my name to Mohammed Rizwan Baig for all purposes.

I, Sivakumar S/O, Venugopal R/o No : 23/7, Gangadhara Chetty Road Bangalore - 560042 have changed my name to Sivakumar Venugopal for all purposes.

LOST & FOUND

LOST: I, Sri. PURUSHOTHAM GOWDA S/o Late. Hanumaiah residing at No. 202/8, 6th Cross, Near NLS and RES School, Doddanna Industrial Estate Main Road, Vishwaneedam Post, Bangalore-560091, Mr. GIRISH have brought property from Sri. H. KUPENDRA and Wife Smt. LAKSHMAMMA, and Son KIRAN KUMAR K and Daughter Smt. SOWMYA K on dated: 12.12.2011 registered in Nelamangala Sub-registrar office book 1, Document No/ Identification No. NMGD197, NMG-1-07188/2011-12 number Machonayakanahalli Village, Survey No.86/2 original SALE DEED have lost while drivng on Bike at Doddanna Industrial Estate, Bangalore. Regarding this issue we informed in Byadarahalli, Rajagopala Nagar and Nelamangala Police Stations, If anybody found please contact 9900468999 or hand over to the nearest police station.

Mysuru bids farewell to jumbos

With festivities coming to end, Pourakarmikas get to work cleaning 3.5 tonnes of waste After a successful jumbo savari, the elephants are heading back to their camps. However, a few of the jumbos were not ready to bid goodbye.

Srirama, one of the elephants, refused to get on the truck and instead went into the bath area to take one more 'royal bath'. Then, the forest personnel had to bring in captain 'Abhimanyu' to pursue Srirama to take the forest route.

Before leaving Mysuru, the elephants were seen relaxing after the Dasara procession. Abhimanyu who led the Jamboo Savari with 850 kg of golden howdah successfully completed his third stint.

A treat for the tuskers

The mahouts and kavadis were happy after a successful event and created a special tank for the elephants.

Abhimanyu's Mahout Vasanta earlier feared for Abhimanyu as had only participated in the procession earlier without much crowd.

Mahout Vasanta told Bangalore Mirror, "I am happy about the performance of Abhimanyu. He had an experience participating in Pushparchane in Srirangapatna. For two years he carried Howdah to the Dasara festival which was held in a simple manner. This year he has to move along with a huge crowd. I had little fear but Abhimanyu made it a grand success."

Deputy Conservator of Forests (DCF) Karikalan appreciated the efforts of mahouts. "All the Jambos participated and made Jamboo Savari a success. It is because of continuous practice and care, the Dasara festivities concluded without any issues. 14 elephants came to Mysuru but now 15 are returning as one of the elephants gave birth," he said.

3.5 tonnes of garbage cleared

While the Jumbo Savari ended with a lot of enthusiasm and fervour, the Pourakarmikas had to return to work and clean the mess left behind.

The civic workers who carried out the cleaning work of the 4.5 km route of Jambo Savari, including the palace premises and torchlight parade ground, collected and disposed of three and a half-ton of waste. The civic workers started the cleaning work at 10 pm on Wednesday and continued till 4 am on Thursday morning.

More than 150 civic workers carried out cleaning work in three parts. There were 145 civic workers deployed during the Jamboo Savari procession. There were four sucking and jetting machines that were kept ready to clear the UGDs, and ten auto richshaws and four lorries were used to fill and transport the garbage.

The Mysore City Corporation's Chief Health Officer Dr Nagaraj said, "The cleaning work started immediately after the Jamboo Savari. We have disposed of 3.5 tonnes of garbage collected in the Jamboo Savari route". **– Prakash VL**

Termite terminal on BU campus

CONTINUED FROM PAGE 1

According to the researchers, while termites are nature's best recyclers, they are also one of the most ignored components of an ecosystem. Termites aerate the soil by burrowing tirelessly, making the soil porous and allowing rainwater to trickle in to recharge the groundwater table.

"In a grassland or savanna ecosystem, these mounds are considered as groundwater recharge points. Burrowing enables the mixing of nutrients and ensures that the ground stays healthy and fertile. The insects also feed on cellulose, a structural component of plants, and break them down contributing to nutrient recycling. We conducted this study to ensure that people realise the important role that termites play in an ecosystem," explained Dr BC Nagaraja, professor and head, department of environmental science, BU.

The mounds store moisture and prevent the soil from drying up too.

"A lot of interaction among wildlife happens inside these mounds. These also help the soil absorb water quickly through tunnel systems. Therefore, plants tend to grow and thrive around termite mounds," added Dr Nagaraja.

Mounds under threat

While these porous earthen structures are incredibly useful for grassland ecosystems, around 25% of these mounds on the Jnana Bharati campus are damaged.

"Although there is a good number of termite mounds on the campus, they are highly ignored. As per our study, as many as 169 mounds out of the total 651 were found to be damaged," Patil told BM.

The majority of these mounds have sustained damage owing to the unregulated movement of outsiders who enter the campus to worship these mounds.

"People from nearby villages enter the campus to worship these mounds and cause damage. They tie threads around these structures breaking them, applying vermillion leading to closed pores; they also litter the area with plastic and food items. Such rituals are performed at least three to four times a year. We have been requesting the varsity to have a few designated places for such activities," said Dr Nagaraja.

The researchers further noted that termites boost ecosystem productivity and thrive best in a grassland and savanna ecosystem. The mounds in a natural setting should be protected and care should be taken as to not alter the surroundings.

"Although certain tree species are resistant to termites, a dense canopy will kill these mounds as they prefer open sunlight. While tree planting is being widely promoted as a full-proof solution to all climate-related issues, it should not happen everywhere. Grassland is a unique ecosystem with many plant and animal species that prefer an open and well-lit environment," added Dr Nagaraja.

HEALTH TIP: Pumpkin seed oil has also been shown to be a powerful natural remedy for high blood pressure

Lavender oil has a sedative effect and may help with sleep troubles, including if feelings of stress or anxiety are keeping you up at night

BangaloreMirror | 10
Sunday, October 9, 2022
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Snack it, the healthy way

These dishes are easy to make and can be paired with almost any cuisine and are the perfect guilt-free way to indulge yourself

LOTUS STEM IN HONEY CHILLI SAUCE

Prep Time: 20 mins
Cooking Time: 14 mins
Serves 1 to 2

INGREDIENTS

- Lotus stem: 140 gm
- Salt: 10 gm
- Cornflour: 40 gm
- Refined oil: 50 gm
- Chopped red onion: 10 gm
- Chopped ginger: 5 gm
- Chopped garlic : 5 gm
- Honey: 20 ml
- Red chilli paste: 20gm
- Fresh red chilli : 8 gm
- Dark soya sauce: 5 ml
- White pepper powder: 2 gm
- Spring onions: 10 gm
- White sesame seeds: 5 gm
- Microgreens: 3 gm
- Tomato ketchup: 15 gm

METHOD

- Preheat the frying pan. In the stock pot, add water and bring it to a boil, once boiled, add the lotus stem and blanch it for 2 minutes. Place the blanched lotus stem into ice water and peel it, then cut it into thin slices. In a mixing bowl add the lotus stem, corn flour, salt and pepper and dust fry the lotus stem. In a wok, add oil chopped ginger, garlic, and onion and sauté it well. Then, add fresh red chilli and sauté it well. Once sautéed, add the red chilli paste, soy sauce, and white pepper powder, and bring it to a boil. Add honey and vinegar; check the seasoning, add corn starch, and thicken the sauce. Add the fried lotus stem into the sauce and toss it well, until the sauce is applied evenly to the fried stem. Garnish with micro greens.

SPICY & SWEET WATER CHESTNUT

Prep Time: 20 mins
Cooking Time: 12 mins
Serves 1 to 2

INGREDIENTS

- Water Chestnut: 120 gm
- Cornflour: 40 gm
- Refined oil: 50 ml
- Chopped red onion: 10 gm
- Chopped ginger: 5 gm
- Chopped garlic: 5 gm
- Salt: 2gm
- Sweet chilli sauce: 15 ml
- Red chilli paste: 30 gm
- Fresh red chilli : 8 gm
- Dark soya sauce: 5 ml
- White pepper powder: 2gm
- Sugar: 8 gm
- Spring onion: 10gm
- Sesame oil: 8 ml
- White sesame seeds: 5gm
- Microgreens: 3 gm

METHOD

- Preheat the wok with cooking oil. Cut the water chestnut into slices, marinate it with salt and pepper, and add corn flour. Once the oil is heated, deep-fry the water chestnut until crispy and keep it aside. Preheat the wok, add oil, chopped onion, garlic, ginger, and fresh red chilli, and sauté. Add chilli paste and cook it well, seasoning, sweet chilli sauce, soy sauce, white pepper powder, sugar, spring onion, sesame oil. Check the seasoning and add the corn starch, then add the fried water chestnut. Place it over a banana leaf and sprinkle it with sesame seed and spring onion.

MAKHANA BHEL

Prep Time: 15 mins
Cooking Time: 7 mins
Serves 1 to 2

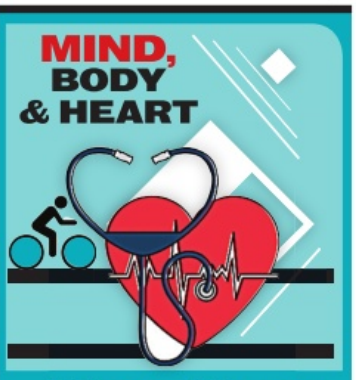
INGREDIENTS

- Lotus seeds: 80 gm
- Chopped red onion: 40 gm
- Chopped coriander leaves: 5 gm
- Chopped green chilli: 3 gm
- Salt: 2 gm
- Chaat masala: 2 gm
- Lemon juice: 20 ml
- Tamarind chutney: 20gm

METHOD

- Dry roast the makhana, doing so, the moisture will be reduced and this will help the makhana to be crunchier. In a mixing bowl add chopped onion, tomato, green chilli, and chopped coriander leaves. Sprinkle the chopped onion, tomato, green chilli and chopped coriander leaves in a mixing bowl with roasted makhana. Add tamarind chutney, chaat masala and lemon juice and mix well. Sprinkle sev on top and garnish with chopped coriander leaves with a lemon wedge.

By Chef Nishant K Nair, Corporate Executive Sous Chef, Watsons



All problems solved

Dear Coleen

I'm a man aged 39 and I've been doing some serious soul searching about turning the big 4-0 in a couple of months.
I've never had a serious long-term relationship.
I'm on several dating sites and I meet up with women a lot, but I've never met anyone I've wanted to make a life with.
I've never once thought about marriage or kids with any of my girlfriends.
I was particularly close to one ex, but they ended up dumping me because I wouldn't commit. I don't really know why I can't commit or why I've never met anyone I feel strongly about.
I'm easy-going, good fun, pretty handsome and probably a "good catch" in most eyes. I don't have a problem attracting women, but the relationships never last. Any advice?

COLEEN SAYS

Well, I'm not sure you'll be able to love anyone more than yourself with that description!
Look, life isn't a race or a competition and it's pointless comparing yourself to your mates. You don't have to do what everyone else does.
We all reach milestones at different times and, the fact is, you just haven't met that one person yet who can change your attitude to relationships or someone who wants exactly what you do. I'm all for being confident and I think it's one of the most attractive qualities in a person, but I wonder if your confidence is teetering on arrogance?
Or do you have such impossibly high standards that no one is good enough for you?
You've been single a long time, which might have made you more selfish or choosy. Maybe you're also terrified about making the wrong decision. So look at your expectations and think about whether you're really giving the women you date a chance.

—Coleen Nolan, Daily Mirror

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Ring in the new

Director Naresh Kumar HN is ready for yet another movie with a newcomer in the lead role. Naresh has earlier made 1st Rank Raju that released in November 2015 and Raju Kannada Medium that released in January 2018. In both, Gurunandan played the lead role.

His latest film South Indian Hero, with a tag - No Logic Only Magic - is ready for release. Sarthak and Kashima are the lead pair in this movie that is said to be full of comedy, romance and action. "I do not hesitate to give an opportunity for newcomers to act in my movies. South Indian Hero is a tribute to all South Indian movie legends. I approached many producers to make this movie. They appreciated the script but were hesitant to back it when I told them that the lead roles are played by newcomers. Finally, my wife and a few like-minded people came forward to bankroll this movie. It is made under the banner of Riyanshi Films," he says.

Director Naresh Kumar with lead pair Sarthak and Kashima

He says the script was ready a few years ago but he took the decision to make this movie during the lockdown. "Its shooting was held in Hampi, Ladakh and Kashmir. I thank the actors and cinematographer for their cooperation. It was very tough to shoot at Ladakh," he recalled, adding that the title was selected after much deliberation.

More the merrier

It seems Darling Krishna is among the few lucky heroes in the Kannada film industry to get films with more than one lead actress. In Love Mocktail and its sequel (Love Mocktail 2) too he was sharing screen space with two actresses. He was paired opposite two actresses in the recently released Luckyman in which Power Star Puneeth Rajkumar acted and choreographer-cum-actor Prabhu Deva played a cameo role.

His latest Dilpasand too has two very pretty leading ladies – Nishvika Naidu and Megha Shetty. "It is not tough to act with two actresses, in fact, I am comfortable with that," said Darling Krishna with a smile while interacting with media persons at the teaser launch of Dilpasand held at SRV Theater in Malleswaram on Tuesday evening.

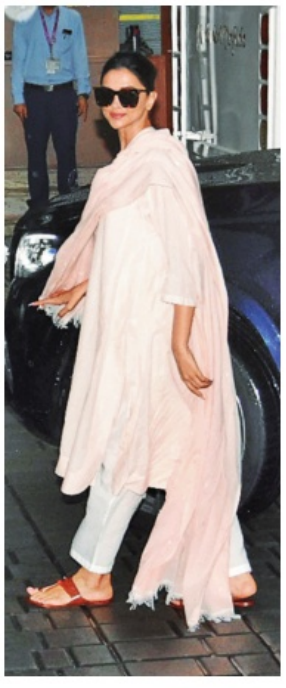
Darling Krishna with Nishvika Naidu and Megha Shetty

He said he plays an innocent young man, who happens to come across two pretty women. "While one of them is docile, the other is bold. It was a nice experience during the shooting of this movie," he said.

Shiva Tejas, who made his debut as a director with Male that released in 2015, and Dhairyam that released in 2017, is the director for Dilpasand. "This movie has all the ingredients to entertain audiences. It also has a message for society. I thank producer Sumanth Kranthi for giving me this opportunity," said Shiva Tejas.

Simply stunning

DP can make heads turn in super stylish outfits and even in a simple salwar suit



Just days after she made waves at the Paris Fashion Week for her mini-dress number, Deepika Padukone was spotted at the Mumbai airport with her parents.

Ditching the high fashion ensembles, DP picked a simple salwar suit that she paired with statement sunglasses. The actress tied her hair up in a bun and rocked the no-makeup look for the day.

Before heading into the private airport, the actress made sure to flash a smile at the cameras, wave and wish the cameramen.

Accompanying her on her flight to Chennai, were her parents, who were also by her side in Paris as she joined the global ambassadors of a high-fashion brand at the show. The actress stunned in a mini-dress that she paired with knee-high statement boots and gelled back hair.

On the work front, Deepika has been busy juggling her time between film sets. She is shooting for the Prabhas starrer 'Project K' and is also set to star opposite Hrithik Roshan in 'Fighter'.

–ETimes

PITOBASH AYANI MODI VIKRAM KOCHCHAR TARUN KHANNA
BRANDEX ENTERTAINMENT & AE CREATIVES PRESENT
AN AE CREATIVES PRODUCTION
MODI JI KI BETI
A FILM BY EDDY SINGH
मोदी जी की बेटी
IN CINEMAS 14TH OCT 2022
KIDNAPPED
PVR CINEMAS | INOX CINEMAS | CINEPOLIS | ROCKLINE | GOPALAN | INNOVATIVE | CAUVERY |
KINO CINEMAS | DRC CINEMAS Mysore | BHARATH CINEMAS | MOVIETIME Davangere & Other Cinemas.
ALL INDIA RELEASE BRANDEX ENTERTAINMENT IN ASSOCIATION WITH AUM EXHIBITORS
farnaz

BASED ON AN INCREDIBLE TRUE STORY
platoon one films
IN CINEMAS OCT 14 2022
PLATOON ONE FILMS + KDM MEDIA PRESENT
aye ZINDAGI
LIFE FINDS A WAY
WRITER DIRECTOR ANIRBAN BOSE PRODUCER SHILADITYA BORA
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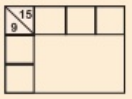
SOLVE IT IN A MINUTE

How many 1 inch diameter balls can be made with the copper obtained from melting down a 10x10x10 inch copper cube?

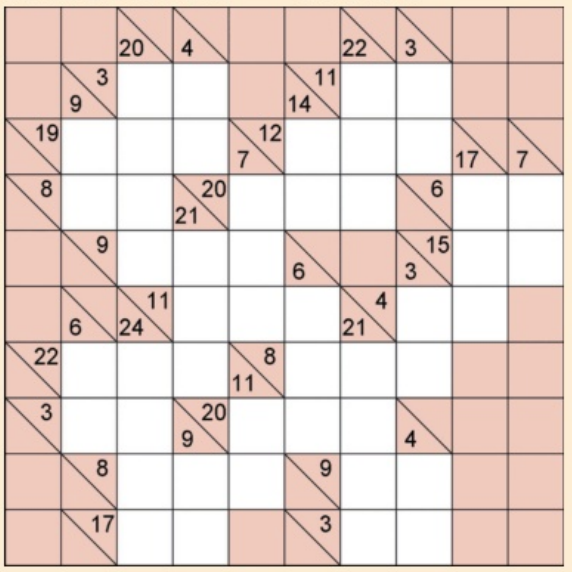
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

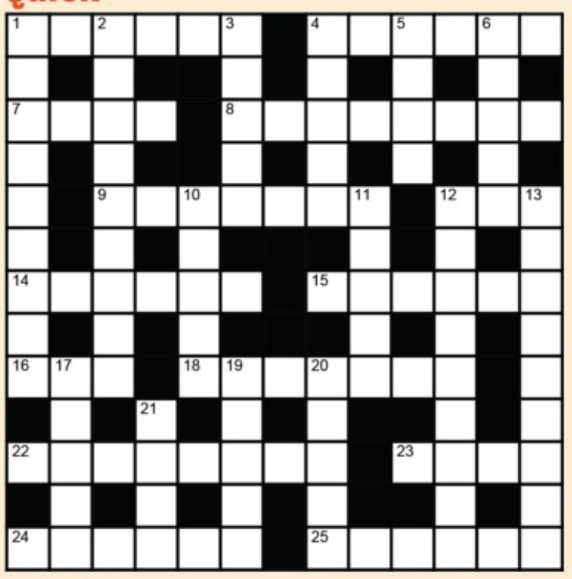


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Swaps, deals in (6)
4 Officers in training? (6)
7 Snug and warm (4)
8 'Bye for now, monsieur (2,6)
9 Gulp down (7)
12 Kilolitres, abbr. (3)
14 Misgivings (6)
15 Fertilized egg (6)
16 Consume food (3)
18 Russian royal house (7)
22 Miserable (8)
23 Forearm bone (4)
24 Minor difficulty (6)
25 Shudder of excitement (6)

DOWN

1 Special method, knack (9)
2 Deputy (9)
3 Limited in size (5)
4 Rare or unusual object (5)
5 Bird of peace (4)
6 Severe test (5)
10 City in Rajasthan (5)
11 Lady (5)
12 Restaurant at the Taj Gateway hotel known for its seafood (9)
13 Resist staunchly? (9)
17 Stradivari's mentor (5)
19 Ready for immediate use? (2,3)
20 English racecourse (5)
21 Smart and stylish (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: F EQUALS T

FPO GVUMNOUF GZ M PGEJO TJ FPO ZVTOURJ QPG ZVO-BEOUF TF.

Linemaro

I love it when you use big words

Mindchow

If you always concentrate on what you don't have, you will never have enough

Joke of the day

Doc: Would you prefer local anaesthesia? Rich patient: Isn't an imported one available?

Loop

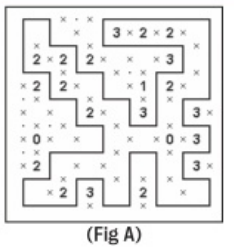
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

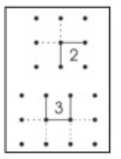
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

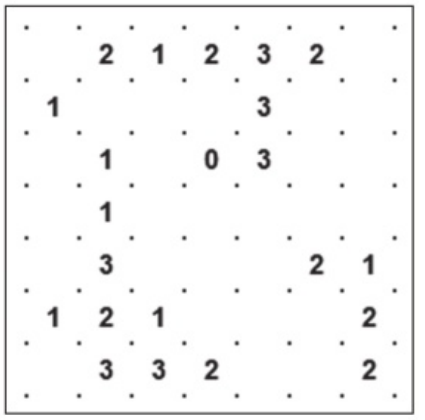
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



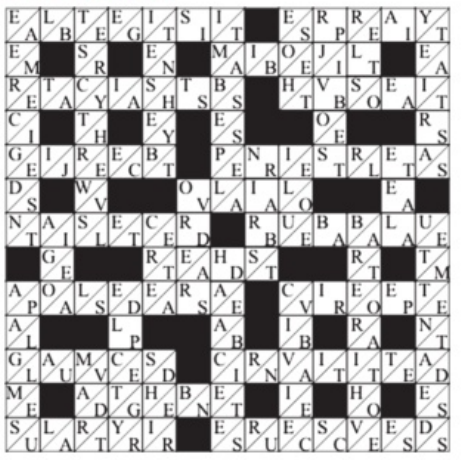
(Fig A)



(Fig B) Not Allowed



Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

ACROSS

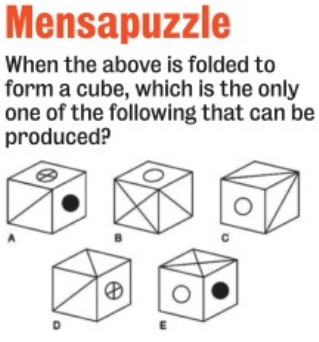
1 Weeds; 6 Am her;
7 Bail I; 8 Re Cur;
9 Grads

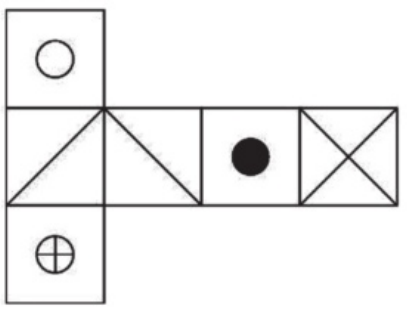
DOWN

1 Hards; 2 Real W;
3 Ceria; 4 Budge;
5 Mires

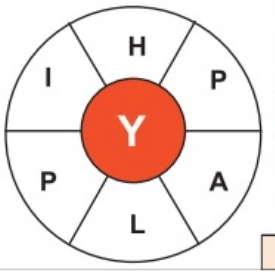
Mensapuzzle

When the above is folded to form a cube, which is the only one of the following that can be produced?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

SudokuChallenge

2			9					6
	8				1			
				5		8		7
	5				9		8	3
		2				7		
8	1		2				9	
4		5		2				
			1				3	
9					8			4

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 10
4 5 7 8

Medium = 24
5 6 7 8

Hard = 32
2 8 8 3

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

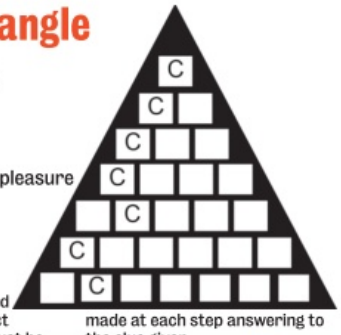
Differences: 1. Shorts are longer. 2. Handlebars are different. 3. Bike seat is higher. 4. Stripe on sleeve is higher. 5. Man is standing straighter. 6. Windowpanes are different.

Riddler

I can be straight or not I can be flat or round I have three layers The rounder I am–the straighter I am I can be a person's trademark I can be chemically challenged What am I?

Alpha triangle

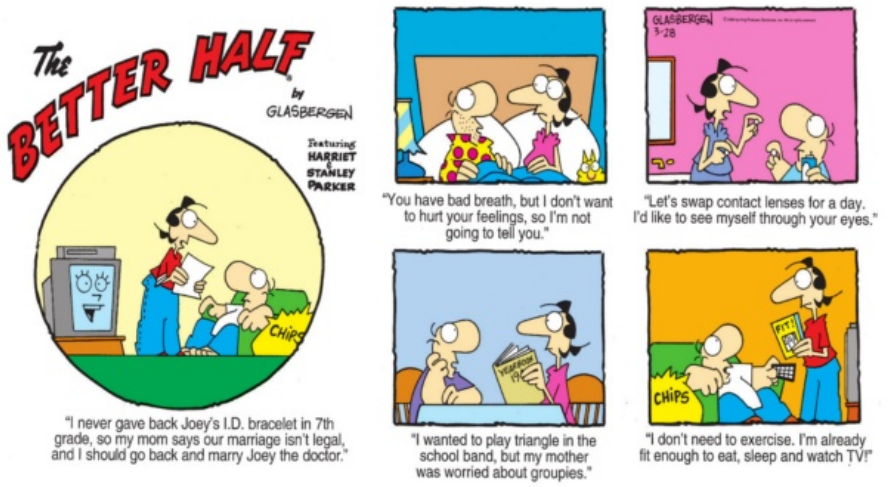
1 Third letter
2 Commanding Off.
3 Large sea fish
4 Blockhead
5 Reprimand
6 Open's opposite
7 Frowned with displeasure

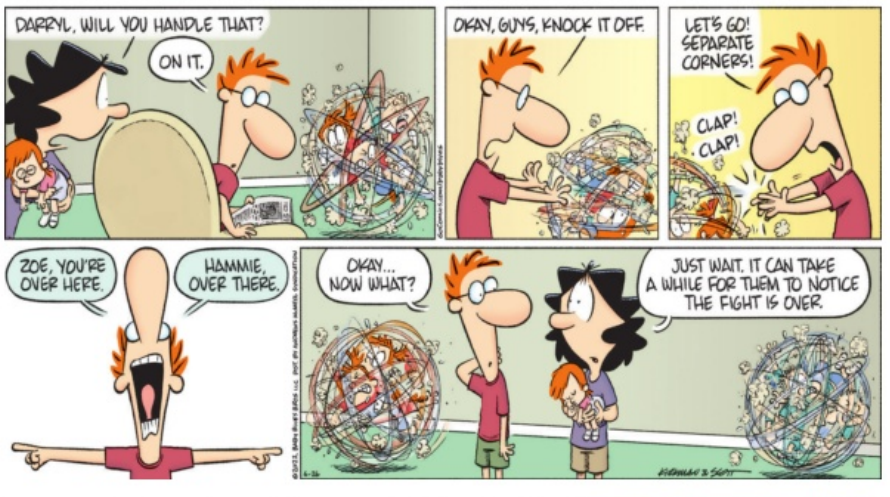


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
featuring HARRIET & STANLEY PARKER
CHIPS
"I never gave back Joey's I.D. bracelet in 7th grade, so my mom says our marriage isn't legal, and I should go back and marry Joey the doctor."
"You have bad breath, but I don't want to hurt your feelings, so I'm not going to tell you."
"Let's swap contact lenses for a day. I'd like to see myself through your eyes."
"I wanted to play triangle in the school band, but my mother was worried about groupies."
"I don't need to exercise. I'm already fit enough to eat, sleep and watch TV!"


DARRYL, WILL YOU HANDLE THAT?
ON IT.
OKAY, GUYS, KNOCK IT OFF.
LET'S GO! SEPARATE CORNERS!
CLAP! CLAP!
ZOE, YOU'RE OVER HERE.
HAMMIE, OVER THERE.
OKAY... NOW WHAT?
JUST WAIT. IT CAN TAKE A WHILE FOR THEM TO NOTICE THE FIGHT IS OVER.

the AMAZING SPIDER-MAN
STAN LEE
BY FAILING TO USE HIS "SPIDER-POWER" WHEN HE HAD THE CHANCE, PETER PARKER ALLOWED A CRIMINAL TO ESCAPE THE LAW--A CRIMINAL WHO WOULD LATER MURDER PETER'S GENTLE UNCLE BEN!
THUS DID SPIDER-MAN LEARN THE FATEFUL TRUTH: WITH GREAT POWER COMES GREAT RESPONSIBILITY!
YOU'RE TELLING ME BRUCE BANNER NEEDS A BLOOD TRANSFUSION?
BUT HE JUST GAVE BLOOD--LOTS OF IT--TO DR. CONNORS!
YOU SAID HE MIGHT NEED MORE BLOOD THAN THE REST OF US IN ORDER TO LIVE!
WHAT DID YOU MEAN BY THAT?
JUST AN EDUCATED GUESS.
BUT THE FIRST TIME HE "MUSCLED OUT" WAS AFTER EXPOSURE TO GAMMA RADIATION!
AS A GUY WHO LIKEWISE GOT RADIATED, I KNOW MY BLOOD NOW HAS SOME WEIRD PROPERTIES--
SO I FIGURE HIS MIGHT, TOO.
YOU TOLD ME YOUR BLOOD IS O- NEGATIVE.
THAT, PLUS WHATEVER OTHER STRANGE PROPERTIES YOU SAY IT HAS--
STAN LEE 5-22 SAVIOK/SINNOTT
--MIGHT MAKE YOU THE "UNIVERSAL DONOR" WHO COULD SAVE HIS LIFE!
OVERDRAWN AT THE BLOOD BANK?

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today is a good day. In business, you may get new clients, which will be helpful for the growth in terms of profits. Singles are likely to find a good match. In your domestic life, you must avoid hiding anything from your spouse, otherwise it will create some gaps in your relationship. Jobseekers may get a new job. Promotions may occur.

Taurus Apr 21 – May 20
Today, with the help of your strong network, you may implement your business plans. You may use your wisdom to gain profits. You may also see harmony in your domestic life. There may be good understanding between you and your spouse. Those in jobs related to metal and booking agents will do well.

Gemini May 21 – Jun 21
Today you are more spiritual. You may plan to visit some spiritual place to find peace of mind. You may donate some amount to charity or help people in need. People around you may get help and support from you – be it finance or moral. You may enjoy every moment of your day. Lovebirds will support each other.

Cancer Jun 22 – July 23
Today you may feel dull. You are advised to control your temper. Your focus could be tested many times. You should try to stay focused on your goals. It is advised not to invest your time in worthless things. Lovebirds are advised to avoid making arguments on superficial topics.

Leo Jul 24 – Aug 23
Today you may be happy and may have mental peace. You are likely to be busy with friends and family. You may enjoy your domestic life. Bonding with your spouse is likely to be increased, which could maintain domestic harmony. There may be new partnerships in business. New innovations may help your business grow.

Virgo Aug 24 – Sep 23
Today you may begin your day with positive thinking. You may be in a winning position from your opponents and hidden enemies. Your work may be praised by your seniors, and you may get some new responsibilities in terms of promotions. Students are blessed by the moon, which may show them the right path to choose good career options.

Libra Sep 24 – Oct 22
Today you may be busy with family issues. You may explore extra sources of income in terms of gains. You might take interest in artefacts, movies, and glamour, which may improve your creativity. Lovebirds will have a clear view in terms of their relationships. Students may now go ahead towards their aim in terms of career.

Scorpio Oct 23 – Nov 22
Today you may have many options, which may confuse you. You may decide to visit your elders to consult them before making any important decision. Your past karma may show you the right path to take the right decision in terms of work and domestic life. Today you should be careful of your parents' health.

Sagittarius Nov 23 – Dec 22
Today your business plans are likely to be successful with the support of your juniors. You may have short trips in terms of business, which will give you benefits in the near future. You may be involved in social and family get-togethers, which may increase your social network.

Capricorn Dec 23 – Jan 20
Today is a good day for gains. You can make good plans to get good gain from your investments. You are likely to save money by not spending on unnecessary items, which may boost your savings. Lovebirds may be busy with family functions.

Aquarius Jan 21 – Feb 19
Today you may be busy with issues related to siblings and relatives, but you may expect some support at work, which may run your work smoothly. Your network may help you complete your task successfully. You may plan to start some new ventures with the help of your siblings and network. There may be some smart gains after low effort.

Pisces Feb 20 – Mar 20
Today you may have a dull feeling, which may affect your health. You may not get results from your professional meetings. You may have a feeling of wastage of time. From late evening, disappointments may convert to happiness. You are advised to avoid rash driving or adventure tours.

KIDZONE

Sanjana S, 9 Years, VSS International School

Renita Pradeep, 9 Years, St Charls High School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
1000÷(4/3 ×22/7×1/8)
=1000÷(11/21)
21000/11
= 1909 balls

BULL'S EYE
apply, APPLY, happy, play

STRIKE OUT

S	A	T	Y	R	S	U	C	C	E	D
E	A	G	E	N	T	I	H	E		
G	A	M	E	D	I	N	V	I	T	E
A	L	B	I	A	N					
P	A	L	E	A	S	A	C	R	E	P
G	R	A	H	S	A	R	M			
T	A	S	T	E	D	B	U	B	B	L
S	W	O	L	I	O	E				
E	J	E	C	T	E	R	I	T	R	E
I	H	E	S	O	R					
R	A	C	I	S	T	S	T	V	S	E
E	S	N	A	B	O	I	L	E		
E	L	E	G	I	S	T	S	P	R	A

QUICK

T	R	A	D	E	S	C	A	D	E	T
E	S	M	U	O	R					
C	O	S	Y	A	U	R	E	V	O	I
H	I	L	E	A						
N	S	W	A	L	L	O	W	K	L	S
I	T	J	O	A	T					
O	U	A	L	M	S	E	M	B	R	Y
M	N	E	A	R	M					
E	A	T	R	O	M	A	N	O	V	E
P	A	T	H	E	T	I	C	U	L	N
A	M	C	N	S	A	W				
U	N	E	A	R	M					
H	I	C	C	U	P	T	H	R	I	L
L	T	I	O	L						

MENSA PUZZLE
E

RIDDLER
Hair Explanation (Not for print): Straight hair is round in shape. Wavy or curly hair is flat in shape (the curlier the hair the flatter) Hair consists of 3 layers – Cuticle (outer layer) Cortex (second layer) Medulla (center layer) Chemically challenged, bleached, etc.

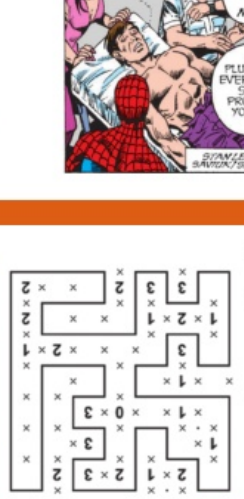
SUDOKU

2	4	3	9	8	7	1	5	6
5	8	7	4	6	1	3	2	9
1	6	9	3	5	2	8	4	7
7	5	4	6	1	9	2	8	3
3	9	2	8	4	5	7	6	1
8	1	6	2	7	3	4	9	5
4	3	5	7	2	6	9	1	8
6	7	8	1	9	4	5	3	2
9	2	1	5	3	8	6	7	4

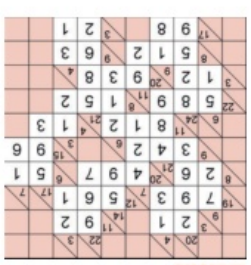
ALPHA TRIANGLE
C, CO, Cod, Clod, Scold, Closed, Scowled.

GO FIGURE
Easy
8 + 5 – 7 + 4 = 10
Medium
5 + 7 – 8 x 6 = 24
Hard
2 + 3 x 8 – 8 = 32

LOOP



KAKURO



FAST FIVE

S	W	E	D	E
A	L	I	B	I
R	E	C	U	R
D	R	A	G	S

QUOTE UNCODE
The ornament of a house is the friends who frequent it.

Volume No 15, Issue No 18 RNI NO:KARENG/2007/22325 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018 and printed by him at Fourth Estate Ltd, No. 9/10/11-A, 4th Main, Bommasandra Industrial Area, Hosur Road, Bengaluru 560099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamarajpet, Bengaluru 560 018. Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

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